COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one or more of these COVID-19 symptoms that are new, worsening or not related to other known causes: Chills • Sore throat or painful swallowing • Runny nose or congestion • Feeling unwell or fatigued • Nausea or vomiting or diarrhea • Unexplained loss of appetite • Muscle or joint aches • Headache • Conjunctivitis (pink eye)



Note: Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

Guidance Your child should not attend school / childcare if they are feeling unwell Your child has one symptom group (listed above) Your child has two or more Wait and stay home for 24 Hours symptom groups (listed above) After 24 hours, has your child developed additional Yes symptoms from other groups? No Has your child's symptom improved in past 24 hours? No Yes A COVID-19 test is recommended Testing Decide if your child will be tested for COVID-19 Note: If your child feels Yes No better while waiting to receive their test result, OR they can return to school, Book a COVID-19 test for your child as long as they are not a Online: ahs.ca/covid Before you close contact of a person Do: By phone: Call Health Link at 811 who tested positive for have your COVID-19. child's test Try to book a test that is within 24 hours of your child's symptoms starting result Go to the COVID-19 test with your child Test Result Get your child's COVID-19 test result It may take 1 to 3 days to get your child's test result · All individuals who test positive for COVID-19 will be Do: contacted by AHS For more information about getting your child's COVID-19 test result, go to ahs.ca/results Have you been told by AHS that your **Positive Test Result Negative Test Result** child is a close contact of a person Next Have you been told by AHS that your who tested positive Steps child is a close contact of a person for COVID-19? who tested positive for COVID-19? What to do No Yes Yes No Your child is legally required to stay home and isolate for What to do What to do What to do at least 10 days from the Your child can attend Your child is legally required to stay home Your child can attend start of symptoms. school / childcare and and quarantine for 14 days from their last school / childcare and other public places when: exposure to a confirmed case of COVID-19. other public places when: Visit ahs.ca/isolation for more information. the symptom(s) have If your child's symptoms remain after these 14 thev feel well enough

days have passed, they should stay home from

school, childcare and other public places until

Household members are not required to quarantine as long as they are asymptomatic.

they feel better.



Household members must

stay home and quarantine

for 14 days from their last

exposure to the child.

resolved AND

it has been at least

24 hours since the

symptom(s) started.

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symptom started.

AND